

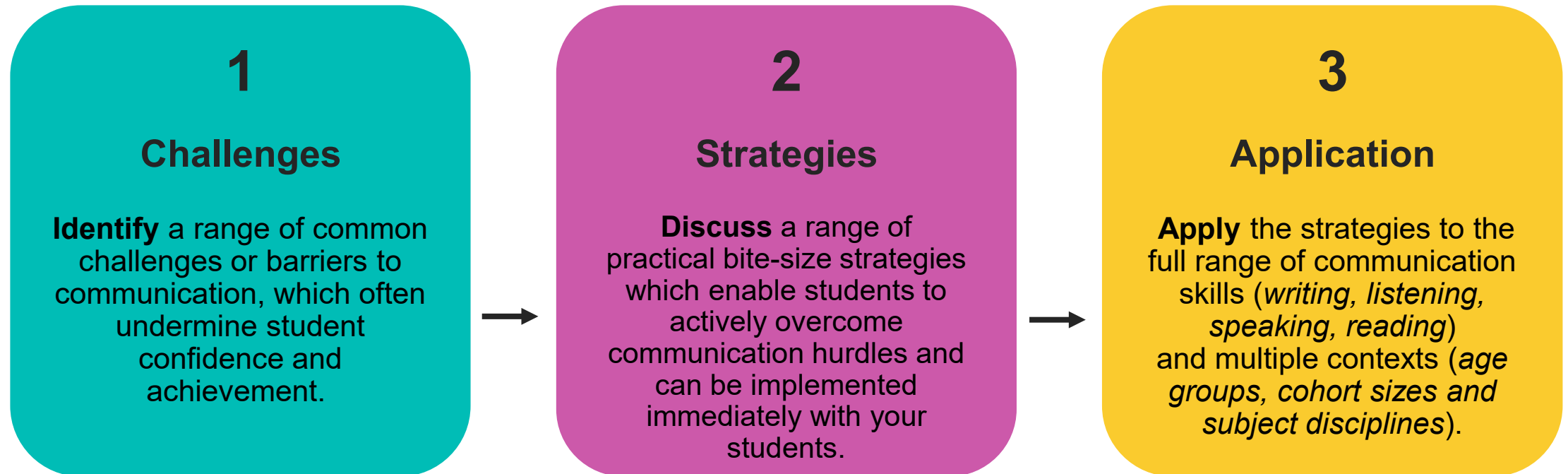
Overcoming barriers to effective communication to improve student achievement

A sustainable and inclusive approach for teachers and schools

Abby Osborne

Karen Angus-Cole

Today we will...



Timings

Time	Item	Speaker(s)
09:00 – 09:05	Introductions	Abby & Karen
09:05 – 09:20	Identifying challenges	All
09:20 – 09:35	Discussing strategies	Abby & Karen
09:35 – 09:50	Applying the strategies	All
09:50 - 10:00	Conclusion and Questions	All

Identifying Challenges



Patterns beyond Labels:
Moving from the *cause* of a barrier to the *impact*

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Effective communication: from competence to confidence

Task: identifying challenges

- In your group, discuss the common challenges that your students face with speaking, listening, reading and writing. Remember to focus on the *impact* rather than the *cause*.
- Select the **three** most common challenges identified in your group and be prepared to share.
- You have 10 minutes for this task.

Common barriers to communication

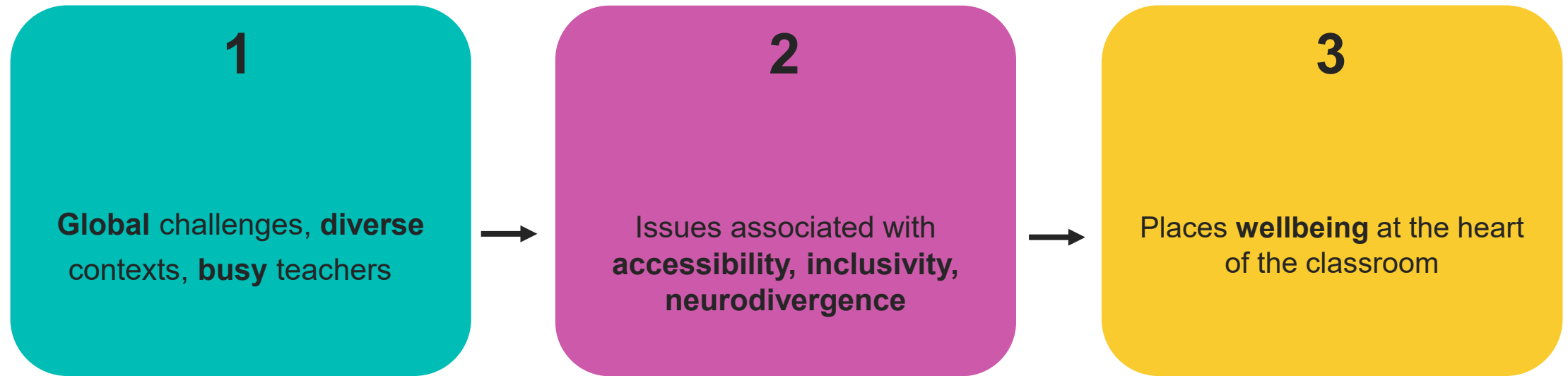
- Fear of the blank page
- Sensory overload
- Reader's block
- Information overload
- Fear of public speaking
- Capturing and sequencing ideas
- Having too many ideas - how to prioritise

 Wellbeing



Discussing Strategies

Welldoing: A single approach to address multiple challenges associated with communication



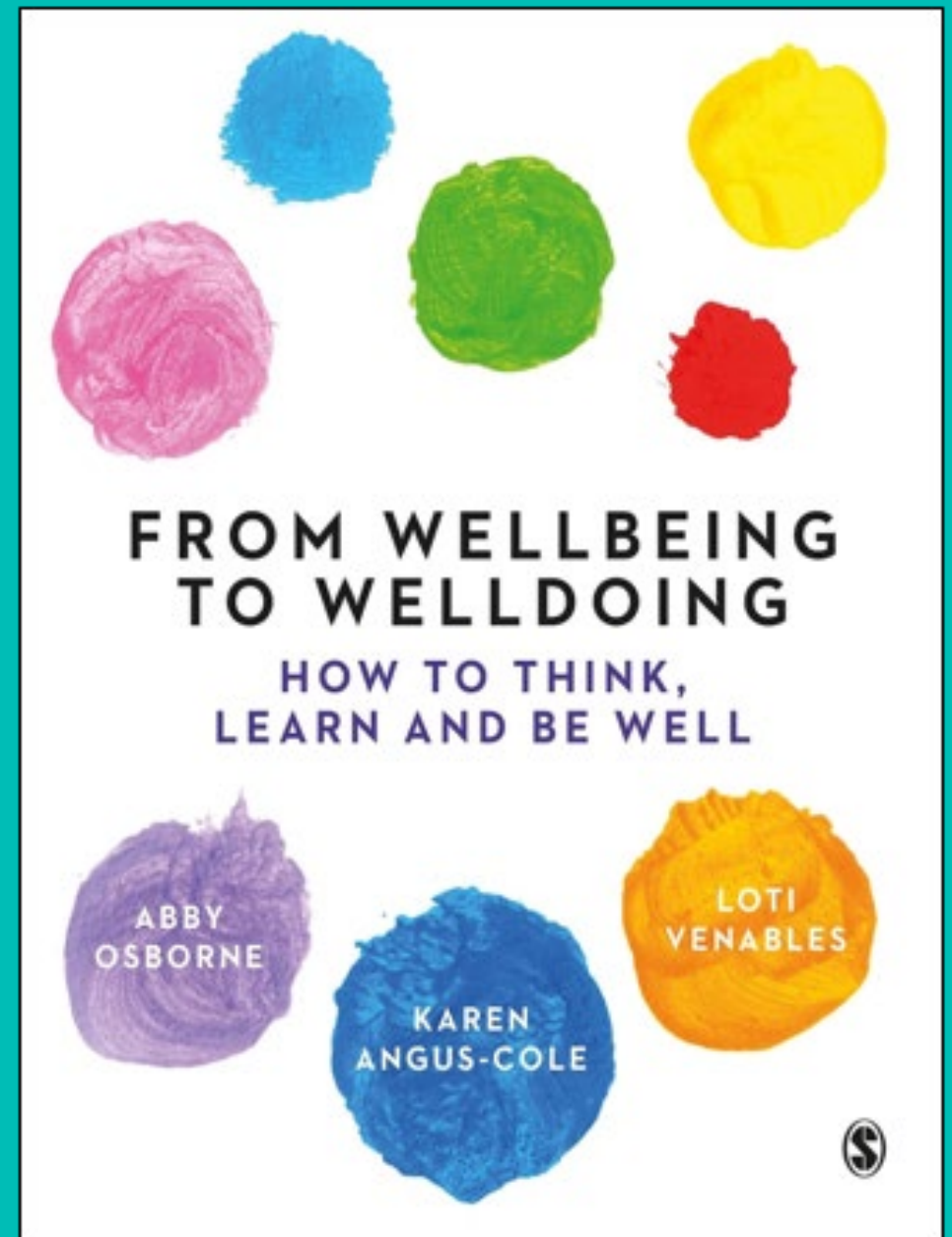
From wellbeing to Welldoing

Learning, communicating and student wellbeing are **interconnected**.

We will now explore a range of **Welldoing strategies** which can help students to overcome common barriers to effective communication whilst supporting wellbeing.

The strategies come from our **book** *From Wellbeing to Welldoing: How to think, learn and be well*.

The strategies can be embedded across multiple **different contexts** e.g. *learning, employment and home*.

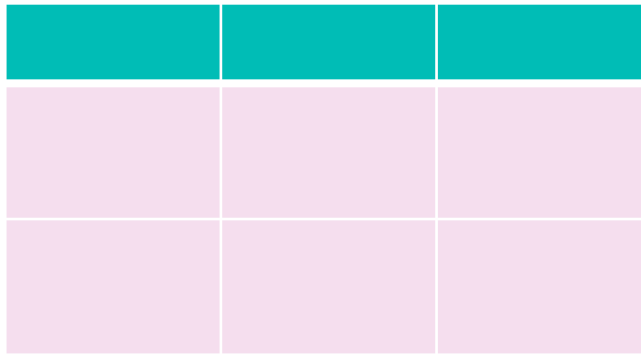
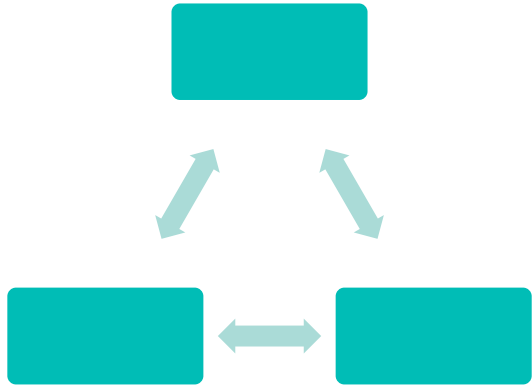


Cognitively Comfy Communication



- Harnessing our **senses** to support communication through:
 - Move
 - Manage
 - Micro-Manage

Thinking Spaces



Making communication a piece of CAKE

- **C** - Capture
- **A** - Arrange
- **K** - Key words/transitions
- **E** - Edit/polish





Can you think of any other strategies you use in the classroom to help **your** learners overcome barriers to communicating effectively?

Applying strategies

Task: applying the strategies in your context

- Choose at least one barrier that *your* students commonly face with communication
e.g. information overload, sequencing ideas
- Using the table provided, reflect on how you could embed one or more of the Wellbeing strategies in your school context to support *your* students to overcome the barrier(s).

Barrier to communicating	Wellbeing strategy	How? How will you apply the strategy to support your students?	Who? Which colleagues need to be involved to ensure impact?	Challenges? Consider potential challenges that could undermine success.	Existing work Can this Wellbeing strategy be linked to existing workstreams or projects?

Sharing **your** examples

Having spent a few moments reflecting on which Wellbeing strategies you could embed in your school context and how, we invite you to share this with the wider group.



Conclusion

Take Aways

- Look for **patterns** in student difficulties with communication in your context.
- Consider the **whole range of communication skills** – speaking, reading, listening and writing.
- Select **Welloing** strategies to support **your** students to overcome barriers to communication.
- Consider how these might be **embedded** in your school context for maximum impact.



Any questions?

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Thank you!

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Your feedback

Please let us know your views on this session

Scan the QR code and share your feedback with us

